

Morse Fall Scale

This scale is used to identify risk factors for falls.

Please fill out correctly, and if you have any questions ask for help with it once you are in the room

Item	Item Score	Patient Score
1. History of falling (immediate or previous) <u>*answer is yes even if you didn't actually hit the floor</u>		
No	0	
Yes	25	_____
2. Secondary diagnosis (≥ 2 medical diagnoses in patient's chart) <u>*ex: High Blood Pressure, Diabetes, Cancer, etc</u> <u>*answer is yes if they are maintained with medication</u>		
No	0	
Yes	15	_____
3. Ambulatory aid (Use for help with steadiness while walking)		
None/bedbound/nurse assist	0	
Crutches/cane/walker (even if temporary)	15	
Furniture	30	_____
4. IV medications/heparin lock/chemo		
No	0	
Yes	20	_____
5. Gait (Ability to walk normally without help)		
Normal/bedbound/wheelchair	0	
Weak ¹	10	
Impaired ²	20	_____
6. Mental status		
Oriented to own ability	0	
Overestimates/forgets limitations	15	_____

Total Score: Tally the patient score and record

<25: Low Risk

25-45: Moderate Risk

>45: High Risk

¹Weak gait: Short steps (may shuffle), stooped but able to lift head while walking, may seek support from furniture while walking, but with light touch for reassurance.

²Impaired gait: Short steps with shuffle, may have difficulty arising from chair, head down, significantly impaired balance, requiring furniture, support person or walking aid to walk